

PLAYMORE & PROSPER



2022

PLAY THERAPY TRAININGS

All Play Therapy CE hours listed below count toward the required 150 hours of coursework required for the RPT credential from the Association for Play Therapy. APT Approved Provider 17-504

Introduction to Play Therapy – 20 hours (12 contact + 8 online)

Offered Twice: March & September 2022

This class will introduce participants to the fundamental concepts and working mechanisms of Play Therapy. Participants will be invited into learning and experiencing the foundational skills for utilizing play as an arena for growth and healing. This class has both an online and in-person component.

Cognitive Behavioral Play therapy – 21 hours (12 contact + 9 online)

Offered Twice: April & October 2022

CBPT is generally viewed as a directive play therapy approach (for older children) utilizing specific interventions to lead clients into learning more adaptive thoughts and behaviors. However, in this class students will learn how to utilize CBPT as a framework for both directive and non-directive play therapy approaches with clients of all ages. This class has both an online and in-person component.

Theories of Play Therapy – 42 hours (24 contact + 18 online)

Offered Once: November 2022

There are several strong play therapy theories to inform and guide a clinician's work with kids. This class is an advanced and thorough exploration of several of the most influential and prominent play therapy theories. This class has both an online and in-person component.

Additional Play Therapy Courses– 3 CE hours each

Anxiety – January 21st

Anger – February 4th

ADHD - February 25th

NDCBPT - March 25th

Good Thinking - May 6th

Legos – June 17th

Mini-figures – July 15th

Board Games – August 19th

Helpful Self Talk – October 21st

Problem Solving - November 11th

*** Dates subject to change: Find up to date information and register on our website: www.playmoreandprosper.com

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ABOUT PLAYMORE...

Playmore & Prosper is a collaborative community of health and wellness professionals who provide a unique, evidence-based, experiential approach to counseling and wellness services for kids and families. Our mission is to invite people into personal growth experiences through activity and the expressive arts.

We offer individual and family counseling services-when more personalized attention is needed to grow and heal, wellness classes that use activity to facilitate growth and healing, as well as training for students and professionals in the field.

JOIN THE MOVMENT!

We believe that the world needs more support from people like you through play and the expressive arts! Here are some ways you can partner with us in the mission.

COUNSELING

- Rent an office! Priced per day, you only pay for what you use.
- Host your therapeutic group here at Playmore.
- Join one of our monthly collaboration and consultation meetings where you can network as well as bring your tough cases before a thoughtful group of professionals.

WELLNESS

- Host a class or event at Playmore! We take care of all the administrative work so you can do what you love most.
- Refer a massage therapist, RN, MD, Chiropractor, or other healthcare professional. We are looking for more opportunities to offer integrative care in our facility!

TRAINING

- Attend one of our various continuing education opportunities.
- Host your own training in our space - we want to partner with you and help bring more people to more education!

More information on each opportunity can be found on our website.
Contact info@playmoreandprosper.com with questions.

